

Doctors Referral for Therapeutic Shiatsu Massage for sales tax exemption. This is not a referral to be submitted for insurance purposes. Below is the listed exemption information and description of Shiatsu.

Excerpt from Minnesota Revenue Fact Sheet 162: [Massage] Services that are *not* taxable include: Massages provided to customers who provide a written referral from a licensed health care facility or professional indicating the massage is for ongoing treatment of illness, injury or disease. Keep copies of referrals in your records as proof of exception in cases of audit. (www.taxes.state.mn.us)

Shiatsu Massage is a clothes-on Japanese style of Asian Bodywork Therapy based on Traditional Chinese Medicine (TCM) and Western Anatomy and Physiology. Techniques include pressing with palms and fingers, kneading, tapping stretching and range of motion exercises. The goal is to promote the flow of “Chi” or energy in the body, relax the soft tissues and restore a feeling of well-being.

— **Jill Alleyne**, BA, MA, AOBTA Certified Asian Bodywork Therapist of Shiatsu since 1997. ACE Certified Personal Trainer and Post-rehab Exercise Specialist since 2004, ACE Certified Health Coach since 2016.

— **Kelly Sanches**, BA, AOBTA Certified Asian Bodywork Therapist of Shiatsu since 1997. ACE Certified Personal Trainer since 2019.

We both attended the Minnesota Center for Shiatsu Studies 500 hour training program in 1996, and are current AOBTA (American Organization of Bodywork Therapies of Asia) members. We carry Professional and liability insurance, and have current CPR training.

Today's Date:

Patients Name:

Condition and/or Date of Injury:

Ongoing Sessions or number recommended?

Physician's, Chiropractor's, or Therapist's name:

Clinic Contact Information:

Signature of MD, DC or PHD: